

1. Monthly Calendar

Just a reminder that the monthly calendar will only be available online (email or Facebook) or for pick up at the New Sarepta Market & Café or New Sarepta Agriplex. Please call Lucille at (780) 941-2382 or email Lucille@leduc-county.com to make arrangements to receive the monthly calendar via email if that is your preference.

2. Volunteer Income Tax Program

New Sarepta FCSS will complete 2023 Income Tax Returns for low-income individuals who have a simple tax situation and are living within rural Leduc County or the municipality of New Sarepta. Please contact Lucille at (780) 941-2382 to make an appointment to have your 2023 Income Tax Return completed free of charge. Please Note: we are not able to complete complicated returns, returns for the deceased, or those with business, farming or rental income.

3. Christmas Elves Non-Perishable Food Drive at New Sarepta & Looma Transfer Stations

The New Sarepta Christmas Elves Non-Perishable Food Drives will be held at New Sarepta Transfer Station and Looma Transfer Station on Saturday, November 2, 2024 from 9 a.m. to 5 p.m. Please bring non-perishable food items to donate! Please no expired food or home preserves. All non-perishable food items are greatly appreciated but we are always looking for donations of pasta, pasta sauce, peanut butter, canned soup, Habitant Soup, Campbells Chunky Soup and canned ham. Thank you so much!!

4. 75 Ways to Save on Household Expenses

Looking for ways to cut household expenses? Register and join in to learn tips to save on various household expenses including utilities, transportation, groceries, personal items and more! Participants will also be encouraged to share their best tips and tricks with each other.

Facilitated by Mark Kalinowski who works at the Credit Counselling Society and has taken courses on investing and insurance. Mark helps people solve money and financial issues.

Date: Wednesday, November 6, 2024

Time: 1-2 p.m.

Location: Zoom Online

Register: Online at www.leduc-county.com/ways-to-save by November 4, 2024.

Contact Lucille at (780) 941-2382 or Lucille@leduc-county.com or Denise at (780) 915-9835 or dmagis@leducadulthoodlearning.ca

5. Christmas Elves

Donation baskets and coin cans will be distributed throughout our community after Remembrance Day. I realize how very difficult it is financially for everyone right now, but if you can spare a few dollars, please purchase and donate a few non-perishable items. Non-perishable food donations (please-no expired goods or home canning) will be accepted until Sunday, December 15, 2024. Monetary donations can be provided in the form of cash, cheque or e-transfer (please contact Lucille at (780) 941-2382 to discuss). Do you wish to donate gift cards? Please only donate gift cards for Sobeys, Safeway and Walmart. Christmas hamper referrals will be accepted (after Remembrance Day) until Friday, December 13, 2024 and hamper delivery is scheduled for Friday, December 20, 2024. Please call Lucille (780) 941-2382 or email Lucille@leduc-county.com with any questions.

6. How to Estate Plan....and what happens if you don't

Join this seminar to learn the essential aspects of pre-planning your funeral and estate, and the potential complications and challenges that may arise without these steps. Discover how planning a funeral today can give your family peace of mind, while locking in prices at current rates, safeguarding against future inflation. Additionally, gain expert legal insight into wills, navigating probate, and other critical components of estate planning.

Don't miss this opportunity to gain knowledge, tools, and other valuable information and to ask your questions in a supportive environment.

Date: Friday, Nov. 22, 2024

Time: 1:30 to 3:30 p.m.

Location: Zoom online

Spaces available: minimum of eight registrants

Register: contact Carla at 780-955-4554 or Carla@leduc-county.com or register online at www.leduc-county.com/estate-planning

7. D-Stress: Stress Management in Challenging Times

D-Stress is an interactive workshop that focuses on stress and how we can recognize when it becomes a problem for our health. Participants will learn ways to identify and manage stress and come away with a personal stress reduction action plan, which may include stress management techniques.

This is an Alberta Health Services program and will be facilitated by Leduc County Family and Community Support Services (FCSS).

Date: Tuesday, Nov. 26, 2024

Time: 6 to 8 p.m.

Location: Zoom (online)

Registration: contact Kristin at 780-955-6421 or Kristin@leduc-county.com or Online at www.leduc-county.com/d-stress

Please visit the Leduc County Website to Learn about Leduc County FCSS and FRN Upcoming Programs, Events and Workshops, Get Registration Details and to Sign Up to Receive Leduc County FCSS and FRN Email Updates:

Leduc County FCSS Email: fcssinfo@leduc-county.com

Leduc County FRN Email: frn@leduc-county.com