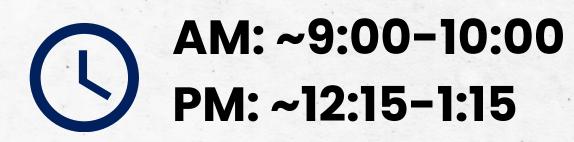


## FAMILY ORIENTED PROGRAMMING

**Black Gold Occupational Therapy Team** 

Please join the Occupational Therapy Team as they present on three topics related to supporting your child. The sessions will be held while your child is in their program.



\*Location and times will depend on the school

## **Supporting Better Sleep**



This presentation will cover the importance of sleep, how much sleep children should be getting, strategies to support sleep hygiene, and how screen time affects sleep.

Jan 30 (EBS), Feb 1 (ECPS), Feb 6 (TES), Feb 15 (CES), Feb 22 (RBES), Feb 29 (LPS)

## **Supporting Toilet Training**



This presentation will outline the developmental expectations of toilet training, toilet readiness, and strategies to support toileting.

March 5 (EBS), March 14 (ECPS), March 19 (TES), March 28 (CES), April 4 (RBES), April 11 (LPS)

## **Supporting Picky Eating**



This presentation will go over developmental expectations for feeding, sensory considerations, and strategies to support picky eaters.

April 16 (EBS), April 25 (ECPS), April 30 (TES), May 9 (CES), May 16 (RBES), May 23 (LPS)